WELCOME TO KCC COMPASSION



Our goal is to create a **safe space** where members are able to share thoughts and feelings with others along their grieving journey.



Joining the group requires a commitment to the **guidelines** and **respect** for the confidentiality and autonomy of participants.



It is important to remember that each person is grieving in a unique way and at an **individual pace**, no one size fits all.

kevinscommunitycenter.org

GUIDELINES

- Please arrive on time.
- Cell phones remain on silent/ vibrate, no other devices are allowed.
- · Listen actively when others speak.
- Respect the opinions of others and reserve judgment.
- Limit time speaking to give everyone a chance.
- It is imperative that all members, their stories, and their contact information remain confidential.
- Participants are invited to share but may remain silent.
- Tears are a normal, however it is also ok to laugh and feel happy.

